

Genetic Counseling Consultation

What is Genetic Counseling?

Genetic counseling is a resource available to women to learn more about genetic screening or testing available in their pregnancy for disorders such as Down syndrome or other more serious conditions. The genetic counselor will also review your family history and discuss information that may be relevant to current and future pregnancies.

I understand that genetic counseling is available during my pregnancy secondary to one of the following: my age (≥ 35 years old), the father of the pregnancy's age (≥ 40 years old), a family history of genetic abnormalities, medication exposures, ultrasound findings, abnormal screening results, or other indications that may result in a high-risk pregnancy.

The genetic counselor is available to review my history, assess my possible risks, and review options for prenatal screening or testing. The visit typically takes 30 to 45 minutes.

I would like to:

- decline genetic counseling
- schedule genetic counseling appointment at a later date
- visit with the genetic counselor today (if schedule allows)
- I am already scheduled for a genetic counseling consultation.

Signature

Date of Birth

Print name

Today's Date